



**Meal Price:**  
**Students – No cost**  
**Adults \$5.02+tax**

**October 2022**

## Westbury Elementary Schools | Lunch Menu

### More Info...

**Daily Milk Offerings:** Fat Free White, Fat Free Chocolate\* (all antibiotic & hormone free)  
 \*FF Chocolate milk available to Grades K-5 only

### Daily Fruit & Vegetable

**Offerings:** Apple, orange, seasonal fruit, plus 100% juice (apple, orange, grape, fruit punch), baby carrots, celery sticks

**Please Note:** (WG) denotes whole grain, (P) denotes item may contain pork, (\*) denotes item offered with WG dinner roll(s)

MON	TUES	WED	THURS	FRI
Pizza Crunchers or Chix Caesar Salad* <sup>3</sup> Pear Steamed Green Beans	French Toast Stix w/ Chix Sausage Patty <sup>4</sup> Cantaloupe Roasted Broccoli	<b>School Closed</b> <sup>5</sup> <b>Yom Kippur</b>	Hot Dog on WG Bun <sup>6</sup> or Ranch Chix Salad* Apple Slices Baked Tater Tots	Cheese or Pepperoni (P) Pizza <sup>7</sup> Orange Baby Carrots
<b>School Closed</b> <sup>10</sup> <b>Columbus Day</b>	Chix Patty on WG Bun <sup>11</sup> or Chix Caesar Salad* Apple Slices Romaine Side Salad	Cheeseburger <sup>12</sup> on WG Bun Honeydew Melon Baked Beans	Homemade Mac & <sup>13</sup> Cheese or Ranch Chix Salad* Peach Cucumber Coins	Cheese or Pepperoni (P) Pizza <sup>14</sup> Strawberry Cup Baby Carrots
<b>National Pasta Day</b> <sup>17</sup> Cheesy Baked Penne Pear Spinach Salad	Soft Tacos or Chix Caesar Salad* <sup>18</sup> Blueberries Black Beans	French Toast Stix w/ Chix Sausage Patty <sup>19</sup> Cantaloupe Zucchini Rounds	Grilled Cheese Melt or Ranch Chix Salad* <sup>20</sup> Apple Slices Baked Crinkle Fries	Cheese or Pepperoni (P) Pizza <sup>21</sup> Clementines Baby Carrots
Pizza Sticks w/ Marinara Sauce <sup>24</sup> Strawberry Cup Romaine Side Salad	Chicken Drumstick w/ Warm Cornbread or Chix Caesar Salad* <sup>25</sup> Apple Slices Vegetarian Beans	Cheeseburger <sup>26</sup> on WG Bun Peach Cucumber Coins	<b>National Potato Day</b> <sup>27</sup> Meatball Parm Hero or Ranch Chix Salad* Cantaloupe Steamed Corn	Cheese or Pepperoni (P) Pizza <sup>28</sup> Orange Baby Carrots
<b>Happy Halloween</b> <sup>31</sup> Chicken Nuggets w/ Pumpkin Shaped Pretzel Peach Cup Baked Tater Tots				

**Celebrate National School Lunch Week 10/10 – 10/14**

**Menus are subject to change.**

**Available Daily Sandwiches:** Sunflower seed butter w/ jelly, cheese sandwich, turkey (w/ or w/o cheese), ham (P) (w/ or w/o cheese) all on WG bread

**Bagel Meal:** Bagel w/ 2 cheese sticks

All Lunches Must Include Choice of:  
 Fruits and/or Vegetable  
 And May Include:  
 1% Low-Fat Milk

**aramark**  
 STUDENT NUTRITION

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